Prompts for Freewriting Nature and Place

✓ I am from...
✓ Here I am again...
✓ You can’t go ___ again...or can you?
✓ The trouble with nature is...
✓ You could call my home...
✓ Some part of me never left...
✓ I’ve always loved (month or season)...
✓ I’ve always struggled with (month or season)...
✓ The place that made me...
✓ If wildlife could speak my language...
✓ Look for me somewhere between ___ and ____.
✓ The landscape of my dreams...
✓ If my childhood were a tree...
✓ “Our attachment to the land was our attachment to each other.”
  -Terry Tempest Williams, Refuge
✓ There’s more than one home when...

Books on Writing

• The Artist’s Way: A Spiritual Path to Higher Creativity by Julia Cameron
• Big Magic: Creative Living Beyond Fear by Elizabeth Gilbert
• Bird by Bird: Some Instructions on Writing and Life by Anne Lamott
• If You Want to Write: A Book About Art, Independence and Spirit by Brenda Ueland
• The Writer’s Journey: Mythic Structure for Writers by Christopher Vogler
• Writing Down the Bones: Freeing the Writer Within by Natalie Goldberg

E-mail Subscriptions for Writers

• The Writer’s Almanac: https://mailchi.mp/5f89a17d8420/writersalmanac
• Brain Pickings: https://www.brainpickings.org/newsletter/
• A.Word.A.Day: https://wordsmith.org/awad/
• Brittanica’s On This Day: https://www.britannica.com/on-this-day

Habits to Nourish Creativity

• Freewriting
• Time in nature
• Walking
• Play, humor, and silliness
• Yoga
• Meditation
• Experiencing and supporting the work of other artists