

NRF's Tips for Outdoor Speaking

1. **Visit field trip location beforehand.** Familiarize yourself with your surroundings. This avoids the unexpected like fallen trees or unpassable trails. This will also give you an opportunity to look for good places to address the group or take breaks.
2. **Wait to begin talking until the group has stopped walking.** This way everyone has a better chance of hearing you clearly.
3. **Keep your remarks brief—when possible.** If you are able, stop periodically throughout the trip to share interesting facts or have the audience observe something. Choose this option over talking for over 20 minutes in the beginning.
4. **Move up higher.** Sometimes the landscape will provide this for you (a raised mound; a big rock). Other times, you will need to be more creative (a picnic table; a tree stump). But please, be careful of your footing.
5. **Speak loudly & slowly.** You'll need to project your voice to be heard outside. Slowing down can help you be understood more. Some participants may wear hearing aids.
6. **Use broad gestures & visuals.** There are so many moving distractions outside that you'll often need to be particularly expressive to compete with them. Use visuals when possible.
7. **Position yourself so the sun is not in your audience's eyes.** Looking into the sun is too much to ask of most audiences. Position yourself so the sun is off to the side or, if necessary, in your eyes. Hope for clouds (but not rain).

Other important things to note:

- **Never leave anyone behind!**
- **Perform a head count at the start and several times throughout the trip.**
- **Your pace may be different from participant's pace. Be mindful of all activity levels.**